

Welcome to OKA's Self-Guided EQ-i Introduction



1. Browse to the website below using any standard browser.

Website: http://is.gd/OKA_EQ_Introduction

2. Enter the following credentials:

Username: okafriend

Password: EQi2.0

You may access this training as many times as you want April 1, 2014 – June 30, 2014. This access is for your use only.

The following shows what you see when entering the Tutorial.

The screenshot shows the 'EQ Tutorial' interface. On the left is a 'Menu' with the following items:

- EQ Tutorial Introduction
 - EQ Tutorial
 - EQ Introduction & Tutorial
 - EQ Introduction & Tutorial
 - How To Engage This Tutorial
 - EQ Deeper Dives
 - What is Emotional Intelligence
 - What Emotional Intelligence...
 - EQ-i2.0 Model
- Self-Perception Composite
 - EQ-i Composites
 - Self-Regard
 - Self-Regard Detail
 - Self-Actualization
 - Self-Actualization Detail
 - Emotional Self-Awareness
 - Emotional Self Awareness D...
 - Self-Perception Question
- Self-Expression Composite
 - EQ-i Composites
 - Emotional Expression
 - Emotional Expression Detail
 - Assertiveness

The main content area displays the 'EQ Tutorial' title, a photo of Hile Rutledge, and his title 'President, OKA'. The footer contains a search bar, a play button, and navigation buttons for 'PREV' and 'NEXT'.

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